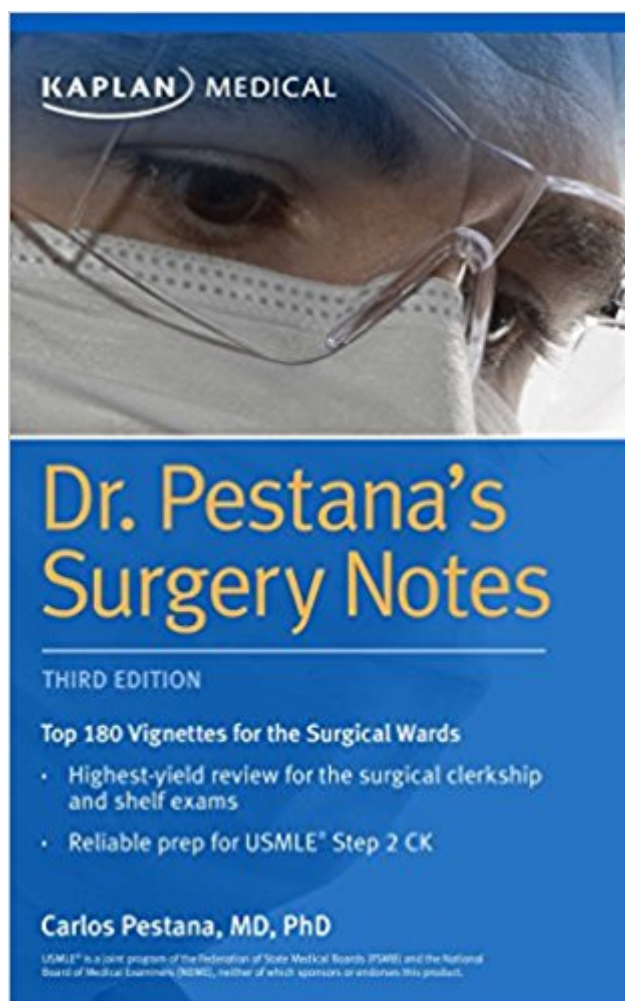


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# Dr. Pestana's Surgery Notes: Top 180 Vignettes For The Surgical Wards (Kaplan Test Prep)



## Synopsis

Celebrated by medical students for over a decade, Kaplan's pocket-sized Dr. Pestana's Surgery Notes is the highest-yield surgery review for the shelf and USMLE Step 2 CK exams. Designed for portable prep, Dr. Pestana's Surgery Notes fits perfectly in your lab coat so you can refresh your knowledge in between cases. You'll get the most concise, up-to-date review that incorporates recent changes in medical guidelines, including HIV status, organ donation, urological emergencies, classification of shock, pelvic fracture, ARDS, and cardiothoracic surgery. The Best Review Concise high-yield review of core surgery material 180 vignettes for self-testing, updated for more challenging and exam-like practice 10 brief essays providing a surgical perspective on selected tools from the diagnostic and therapeutic armamentarium Features regional and institutional differences in surgical practice, and clarifies how the USMLE Step 2 CK and shelf exams will likely address these variations Expert Guidance Revised and full up-to-date content from distinguished surgery instructor Dr. Carlos Pestana For over a decade, Dr. Pestana's Surgery Notes has helped med students excel on the surgery shelf exam and USMLE Step 2 CK

## Book Information

Series: Kaplan Test Prep

Paperback: 256 pages

Publisher: Kaplan Publishing; 3 edition (April 4, 2017)

Language: English

ISBN-10: 1506208541

ISBN-13: 978-1506208541

Product Dimensions: 5.2 x 0.4 x 8 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 216 customer reviews

Best Sellers Rank: #3,004 in Books (See Top 100 in Books) #1 in [Books > Textbooks >](#)

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## Customer Reviews

Carlos Pestana, MD, PhD, is emeritus professor of surgery at the University of Texas Medical School at San Antonio. Ranked #1 in his medical school class, Dr. Pestana has a doctorate in surgery from the University of Minnesota and did a 5-year surgical residency at the Mayo Clinic. He

has received over 40 teaching awards and prizes for teaching excellence. In the early 1990s he was a member of the Comprehensive Part II Committee of the National Board of Medical Examiners that designed what is now the clinical component of the USMLE Step 2 exam. Dr. Pestana is also the author of Fluids and Electrolytes in the Surgical Patient, which has been translated into Spanish, Italian, and Greek.

Highly recommend this little book. This was the only guide I used to study for the surgery shelf exam - I read the entire book and did all the questions in the back - and I got a 91% in the nation on the test. I did not use any other study materials. Highly recommended!

This is all you need to do well on the shelf exam. I usually averaged around 79 or 80 on shelves- nothing special. But surgery was my second highest score- I got an 86. All I did was read this book twice (it's short so you better be able to pretty much recite it) and did the 100-150 or so UWorld questions for surgery. And of course pay attention on rotation. But I didn't like start studying from the beginning of the rotation or anything like that. I'm just a middle of the road medical student.

Excellent book

It's a quick read for downtime during your surgery rotation, but my attending asked questions far beyond the basic "high yield" facts in this book. It's a good quick review or even a pre-read, but not complete on its own.

Great book to have in your white coat while on the floor; my surgical rotation was always stop and go, so it's a good idea to carry around something like this. There are a couple hundred questions in the back that are mostly a review of the material covered in the book itself. Explanations are given by a page reference in the text, which is really nice. This book is small and easy to get through multiple times. Definitely the "highest yield" resource I could find for the NBME shelf exam. Would be a mistake to not use it, but don't expect a textbook.. this is literally just a book of high yield facts.

This is a great book to use in preparation for the surgery shelf. It's written in a concise, interesting and easily comprehensible manner. It conveniently fits in your white coat pocket so you can carry it around with you in the hospital to use during any periods of downtime (e.g. between cases). I wouldn't use this as the sole resource for shelf exam prep, but it definitely includes the most high yield information and has really great practice questions in the back to help monitor your progress in

mastering the material. I felt like this book along with Case Files-Surgery, Uworld surgery questions, and supplemental reading from the red NMS book (did not read NMS cover to cover) provided adequate study material in order to perform well on the surgery shelf.

This book is great for a quick intro to a surgical rotation; it will answer many of the 'dumb' questions that you won't want to ask your superiors. For the shelf exam, it represents the absolute minimum you need to know, and you should seek more detail elsewhere if you want to ace it.

Great overview of the things you need to know for your surgical rotation as a student. It focuses on the medicine aspect of surgery; it does not go heavily into detail on associated labs studies, imaging studies or types of surgical procedures needed. I'm a PA student but I know for the medical shelves and my EOR exams the questions are all medicine based anyway. There are also more than 100 questions in the back which helped integrate the material. Good for the price and for an introduction to surgery; not a great resource for those that want to go into it.

Wasn't as high yield as people think it is, in my opinion. I scored 95 on the shelf using Toronto Notes, and Uworld. His audio files are pretty thorough (but dry). The book itself on it's own will not get you a high score (but who knows, it's also an element of luck as well!).

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